# cAMP directly facilitates Ca-induced exocytosis in bovine lactotrophs

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Received 29 June 1990; revised version received 25 August 1990

We have used the whole cell patch clamp technique on single prolactin-secreting bovine lactotrophs to measure plasma membrane capacitance  $(C_m)$ , an index of membrane surface area, under voltage-clamp during cytosol dialysis with Ca and cAMP. cAMP increased the magnitude and rate of Ca-induced exocytosis  $(C_m)$  increase) without affecting membrane conductance; however, cAMP had no detectable effect on  $C_m$  when intracellular Ca was low. We thus report new evidence that cAMP can facilitate Ca-induced secretion in a synergistic fashion, by acting directly on the secretory apparatus, independently of membrane conductance activation.

Calcium; Exocytosis; Cyclic AMP; Hormone; Secretion; Prolactin; Anterior pituitary

#### 1. INTRODUCTION

The coupling of stimulus to secretion is fundamental to most cellular functions, including secretion of hormones and neurotransmitters. The underlying signal which stimulates exocytotic secretion is a rise in intracellular Ca ions. However, other intracellular messengers may also be important in regulation of exocytosis [1]; in particular, the G-protein family has received wide interest [2,3]. The whole cell patch clamp technique makes it possible to observe directly the membrane events which underly hormone secretion, including both exocytosis and endocytosis due to membrane recovery, by measurement of plasma membrane capacitance  $(C_m)$ .  $C_m$  is an index of membrane surface area; earlier work has shown that in these prolactinsecreting cells it is a measure of a steady state between exocytosis and endocytosis, and is comprised of microscopic fluctuations (increases and decreases) representing fusion and recovery of small membrane packets consistent with the parameters of single secretory granules. In addition, the technique allows the cytosol to be dialysed both with ions of known concentration and putative modulators of secretion [4-7].

Here we have studied the effects of Ca and cAMP, and found that cAMP increased the magnitude and rate of Ca-induced exocytosis ( $C_{\rm m}$  increase) without affecting membrane conductance; in contrast, cAMP had no detectable effect on  $C_{\rm m}$  when intracellular Ca was low. It appears therefore that cAMP facilitate Ca-induced secretion by acting directly on the secretory apparatus

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but without significantly activating membrane ion channels.

### 2. METHODS AND MATERIALS

Bovine pituitary lactotrophs were cultured according to methods described previously [8], and patch clamped in the whole cell mode using well-described methods [9-11]. The recording bath solution contained (in mM): 131.8 NaCl, 5 KCl, 1.8 CaCl<sub>2</sub>·2 H<sub>2</sub>O, 2 MgCl<sub>2</sub>· 5 NaH<sub>2</sub>PO<sub>4</sub>, NaHCO<sub>3</sub>, (N-2-hydroxyethylpiperazine-N'-2-ethane sulfonic acid)/NaOH, 10 glucose; pH 7.2. The pipette solution contained: 140 K-gluconate, 10 NaCl, 2MgCl<sub>2</sub>·6H<sub>2</sub>O, 10 Hepes, 0.5 EGTA (ethyleneglycol-bis-(aminoethyl ether)-N,N,N',N'-tetraacetic acid), and different concentrations of Ca-saturated EGTA (Ca-EGTA, 0.5, 1.5 and 3.5 mM), pH 7.2, with Trizma base. EGTA and Ca-EGTA were prepared in 100mM stocks as previously described [12]. Free intracellular Ca concentrations of 150, 450 nM and 1 µM Ca were estimated using the equation:

 $[Ca^{2+}] = [Ca-EGTA]/[EGTA] \times K_d$ 

where  $K_d$  = dissociation constant = 0.15  $\mu$ M [13]. The Ca-free internal solution contained 10 mM EGTA. The cAMP and dbcAMP were obtained from Sigma, all other reagents from Sigma and Aldrich, highest purity available. The cells were voltage clamped at a holding potential of -70 mV. The reversal potential of the whole-cell current was -350 mV. Membrane capacitance was recorded using a two-phase lock-in amplifier (sinusoidal frequency, 1600 Hz, 1 mV peak-peak) incorporated into a patch-clamp amplifier [14]. The plots of the passive cell parameters: access conductance  $(G_a)$ , parallel combination of leak and membrane conductance (Gm) and membrane capacitance (C<sub>m</sub>) were derived by a computer-aided reconstruction using an analogue/digital converter (CED 1401, Cambridge, UK) to record the signals in digital format on the computer hard disc. The dc current (1-10 Hz, -3 dB) and the real and imaginary admittance signals (0-1 Hz, -3dB) were plotted on a chart recorder (Gould 2400). Recordings were made at room temperature which was 22°C. The software (John Dempster, University of Strathclyde) also utilized holding potential and reversal potential for calculating the passive cell parameters [15,16].

## 3. RESULTS AND DISCUSSION

The top trace in Fig. 1A shows the change of cell membrane capacitance  $(C_m)$  in a cell dialyzed with 450 nM Ca. The initial flat portion of the  $C_m$  trace of zero C<sub>m</sub> indicates the cell-attached configuration, the sharp upward deflection of the C<sub>m</sub> trace from base line indicates the point where the whole-cell configuration was attained, and the  $C_{\rm m}$  value at that instant relates to the resting  $C_{\rm m}$  ( $C_{\rm m.rest}$ ) due to inclusion of the whole-cell  $C_{\rm m}$ in the electrical circuit. The change in  $C_{\rm m}$  following this jump, however, relates to the subsequent cellular events regulating the fusion of secretory granules with the plasma membrane, and thereby is a measure of cellular secretory response. In other experiments also performed at room temperature, we observed that the gradual increase in  $C_{\rm m}$  was composed of microscopic increases and decreases in C<sub>m</sub> which were attributable to exocytosis and endocytosis, respectively. The lower  $C_{\rm m}$ trace from a different cell shows the C<sub>m</sub> change following dialysis after patch rupture, with a similar concentration of intracellular Ca but in the presence of 0.1 mM cAMP and 1 mM ATP (cAMP/ATP). ATP was included in the dialysate as a phosphorylating source. The increase in  $C_{\rm m}$  from rest is larger in the presence of cAMP/ATP compared to control (see Fig. 1 legend). The traces in Fig. 1B are from two different cells dialyzed with a higher concentration of intracellular Ca (1  $\mu$ M). Again, it is evident from the traces that the  $C_{\rm m}$ change was larger in the cell dialyzed additionally with cAMP/ATP (lower trace) than in the cell dialyzed with intracellular Ca alone (upper trace).

The increase in  $C_{\rm m}$  promoted by cAMP could be due to action on membrane ionic channels to increase intracellular Ca or, alternatively, it might result from an effect on cytosolic structures involved in hormone secretion, or a combination of both factors. During the course of an experiment, membrane current (low pass filtered < 10 Hz, -3 dB) tended to increase in around 70% of cells (up to 7-fold), probably due to degradation of the membrane-pipette seal (Fig. 1C,D). However, a transient increase of the leakage current through the membrane-pipette seal had no effect on the increase of  $C_{\rm m}$  (Fig. 2A). In 13 such studied cells, the  $C_{\rm m}$  signal was affected by a transient increase in leakage current in one cell only. A similar observation was reported in mast cells [15]. Moreover, no correlation was observed between the normal increase in  $C_{\rm m}$  and the estimated increase in membrane conductance (G<sub>m</sub>) in control and treated cells (Fig. 2B). There was no detectable change in membrane current in control and cAMP dialyzed cells during the initial phase of  $C_m$  rise at the holding potential of -70mV. The inward current amplitude 1 min after patch rupture was not significantly different in control with 450 nM Ca  $(4.2 \pm 1.0 \text{ pA}, \text{ mean SEM},$ n = 7) versus the same Ca concentration in the presence of cAMP/ATP (4.7  $\pm$  1.0 pA, n = 5). The correspon-

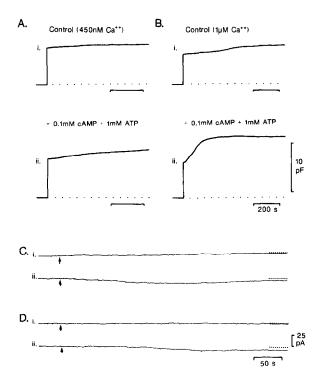
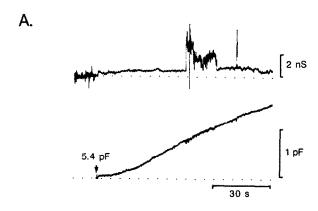


Fig. 1.  $C_{\rm m}$  measurements in cells dialyzed with 450 nM Ca (A) and 1  $\mu$ M Ca (B). The upper traces show  $C_{\rm m}$  changes in cells dialyzed with Ca alone (Control) while the lower traces are from cells dialyzed with 0.1 mM cAMP and 1 mM ATP (cAMP/ATP) in the presence of Ca. Note the larger increase in  $C_{\rm m}$  from rest (see text) in the cAMP/ATP dialyzed cells compared to Ca alone. Also note the faster rise time for the cell in  $B_{\rm ii}$  compared with  $B_{\rm i}$ . The secretory response (see text) for the cells shown in  $A_{\rm i}$ ,  $B_{\rm i}$  and  $B_{\rm ii}$  were 7.8%, 23.5%, 25% and 73.7%, respectively, while the max.slope/ $C_{\rm m.rest}$  values (see text) for the cells shown in  $B_{\rm i}$  and  $B_{\rm ii}$  were 0.086 and 0.655 (100 s  $^{-1}$ ), respectively. The recordings are from 4 different cells.  $C_{\rm i,ii}$  and  $D_{\rm i,ii}$  represent membrane current recordings for the cells shown in  $A_{\rm i,ii}$  and  $B_{\rm i,ii}$ , respectively. The arrows indicate the initiation of cytosol dialysis. The dotted lines show the zero level.

ding values for 1  $\mu$ M Ca were 9.1  $\pm$  2.5 pA, n=7 (control) and 6.6  $\pm$  1.1 pA, n=9 (+cAMP/ATP). This suggests that the effects of cAMP/ATP on  $C_m$  observed are probably directly on the cytosolic structures involved in hormone secretion, and are in the main not due to indirect effects on membrane conductance. However, one cannot exclude a possible effect on calcium channels, because very small currents of calcium could contribute significantly to intracellular calcium homeostasis [31].

Fig. 3A summarizes the effects on intracellular cAMP/ATP on the secretory response at different intracellular Ca concentrations. With 10 mM EGTA in the dialysate the secretory response was very small and unaffected by intracellular cAMP/ATP. Intracellular Ca concentrations of 150 and 450 nM were not sufficient to induce a significant secretory response, although the response with intracellular cAMP/ATP appeared to be larger in the 150 nM Ca group than with 150 nM Ca alone. The facilitatory effect of



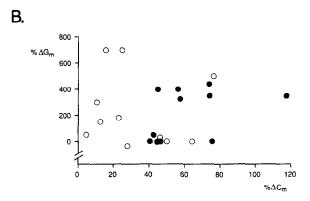


Fig. 2. (A) The effect of a transient leak (membrane-pipette seal breakdown) observed as an increase in membrane conductance  $(G_m)$  on the time course of the  $C_m$  increase. Membrane conductance (top trace) was estimated from membrane current and the driving potential (holding potential – reversal potential). Reversal potential was determined to be -50 mV in these cells. The cell was clamped at -70 mV while the cytosol was dialysed with pipette solution containing (mM) 3.5 Ca-EGTA, 0.5 EGTA (free Ca<sup>2+</sup> concentration =  $1 \mu$ M), 0.1 mM cAMP and 1 mM ATP. Arrow denotes the start of cytosol dialysis. Resting  $C_m$  of 5.35 pF was digitally subtracted from the  $C_m$  signal (lower trace). (B) Relationship between maximal increase in  $C_m$  and  $G_m$  relative to resting  $C_m$  and  $G_m$  following cytosol dialysis by pipette solutions with (in mM): 0.5 EGTA, 3.5 CaEGTA (o); and 0.5 EGTA, 3.5 CaEGTA, 0.1 cAMP and 1 ATP ( $\blacksquare$ ).

cAMP/ATP on the cells with intracellular Ca levels of 450 nM was, however, significant compared to control (P < 0.05). Inclusion of ATP (1 mM) alone did not have a significant effect on the secretory response in the presence of 450 nM Ca (P > 0.05, n = 4). Intracellular Ca levels of 1  $\mu$ M induced exocytosis on its own [17-19]. Inclusion of cAMP/ATP (0.1 mM/1 mM) in the dialysate containing 1  $\mu$ M Ca significantly potentiated the secretory response when compared to 1  $\mu$ M Ca alone (P < 0.05). Thus cAMP/ATP does not induce a secretory response in the absence of Ca, but enhances the Ca-induced secretory response.

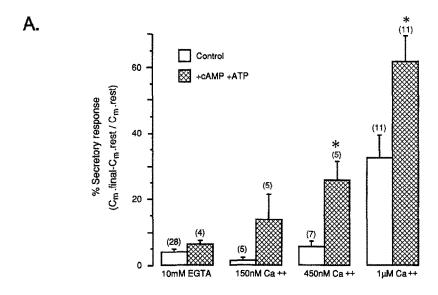
We further examined the effect of intracellular cAMP by utilizing the membrane permeable cAMP analogue,  $N^6,2'$ -O-dibutyryladenosine 3',5'-cyclic monophosphate (dbcAMP). Application of dbcAMP to the bath (10 mM) induced a faster rise in  $C_m$  to a

higher steady state but there was no effect on the  $G_{\rm m}$  trace (Fig. 3B, i; n=3). Interestingly, a similar effect was observed in cells dialyzed with added 0.1 mM cAMP (n=2/3), presumably due to further increase in intracellular free cAMP concentration. Applications of dbcAMP in cells dialyzed with 10 mM EGTA and 1 mM ATP, however, failed to produce an increase in  $C_{\rm m}$  (Fig. 3B ii; n=2). These results further suggest that the cAMP effect is expressed through a cytosolic Cadependent process, and is consistent with observations in cells dialysed with 10 mM EGTA and cAMP/ATP (Fig. 3A).

In addition to increasing the secretory response, cAMP/ATP also affected the time course of the response. In Fig. 1B, for instance, the  $C_m$  change is faster in the presence of cAMP/ATP (lower trace) compared to control (upper trace). The time course of the secretory response was quantified by determining the maximal slope ( $dC_m/dt$ , pF/100 s), and normalizing the with  $C_{m.rest}$ for individual (max.slope/ $C_{m,rest}$ ). These parameters were compared in the cells dialyzed with 1 µM Ca alone and in the presence of added cAMP/ATP where the rate of  $C_m$ rise was greater (P < 0.005, Fig. 4). It has previously been shown that fusion of secretory granules with the plasma membrane is an event occurring in less than a second in chromaffin cells [10], pancreatic acinar cells [20], mast cells [21] and in bovine lactotrophs (Zorec, Sikdar and Mason, in press). Therefore, the relatively slow rise in  $C_{\rm m}$  following cytosol dialysis is rate-limited by a much slower process(es) [19,22], which is (are) affected by the presence of cAMP/ATP.

Our results provide evidence of a direct facilitatory action of cAMP/ATP on the Ca-induced  $C_{\rm m}$  increase in lactotrophs which is most probably not mediated via the modulation of ionic channels. It cannot be excluded that addition of cAMP/ATP may have had an effect on calcium channels and calcium influx, because small changes in calcium currents can lead to significant changes in cytosolic calcium activity [31]. However, such an effect is unlikely, as under conditions where the calcium gradient is increased (Fig. 3B<sub>ii</sub>) by lowering of intracellular calcium with 10 mM EGTA, despite the fact that the spontaneous increase in  $C_{\rm m}$  is supported by a tonic influx of calcium [34], addition of dbcAMP does not accelerate the  $C_{\rm m}$  increase.

Two parameters of the secretory response involved in bovine prolactin secretion, measured as membrane capacitance (surface area) changes, have been found to be dependent on cAMP: (1) the maximal increase in  $C_m$  and (ii) the time-course of Ca-induced  $C_m$  increase. The Ca-induced  $C_m$  increase is proportional to the balance between exocytotic addition and endocytotic removal of membrane [2]. It is likely that the larger  $C_m$  increase seen with intracellular cAMP/ATP could result from enhancing the exocytotic addition or decreasing endocytotic removal of membrane, or a combination of



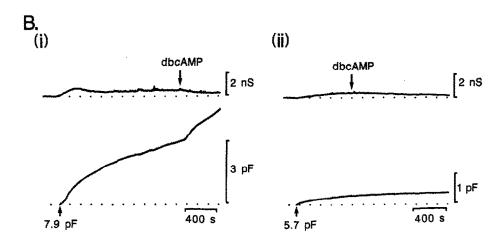


Fig. 3. (A) The effect of intracellular cAMP/ATP (0.1 mM/1 mM) on the secretory responses induced by different concentrations of intracellular Ca. To normalize the secretory response of our recordings we determined the  $C_m$  value 8 min after  $C_{m.rest}$  ( $C_{m.final}$ ). The secretory response was expressed as the percentage ( $C_{m.final} - C_{m.rest}$ )/ $C_{m.rest}$ . The values are mean SEM; n number of observations. Statistical test: the Welch's test for Behren's Fisher problem [34]. \*P < 0.05. (B) Effects of dibutyryl cAMP on  $C_m$ . The membrane permeable analogue of cAMP was applied as a concentrated bolus (20  $\mu$ l of 0.5 M dbcAMP applied 10-15 mm upstream of the recording pipette: bath volume 1 ml) at the point indicated by arrow to achieve the concentration of 10 mM. The  $C_m$  plots shown were obtained by digital subtraction of the resting initial  $C_m$  value ( $C_{m.rest}$ , indicated by arrow) from the  $C_m$  plot, to show the time course of secretory response. The cell in (i) was dialyzed with 450 nM Ca and 1 mM ATP while the cell in (ii) was dialyzed with 10 mM EGTA and 1 mM ATP.

both, since we have noted these capacitance changes – even measured at room temperature – to be comprised of prominent increases and decreases in  $C_m$  indicating that both exo- and endocytosis are occurring. However, since addition of cAMP/ATP to low intracellular Ca pipette solutions did not decrease  $C_m$  (e.g. see Fig. 3B<sub>ii</sub>), nor the secretory response (Fig. 3A), it is more likely that the increased Ca-induced secretory response in the presence of cAMP/ATP is due to facilitation of processes linked to exocytosis rather than endocytosis. This explanation would be consistent with experimental evidence in adrenal chromaffin cells, where endocytosis was suggested to be a Ca-independent process [23].

Increased secretory response and the faster timecourse of  $C_{\rm m}$  change by cAMP/ATP may involve increased availability of secretory granules at the fusion site. This could be due to increased probability of successful fusion of a docked granule. It could also be due to facilitated translocation of granules across cytosolic barriers, such as the cytoskeleton [24,25] or endoplasmic reticulum [26], to the fusion site. Reorganisation of these strucures may be cAMP dependent, as demonstrated in bovine anterior pituitary [27]. Association of a secretory granule membrane protein with the cytoskeletal elements may be involved, such as synapsin I [28,29]. Phosphorylation of secretory

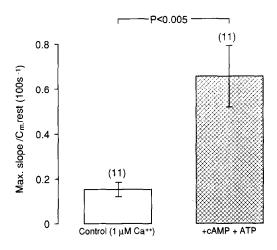


Fig. 4. Facilitation of the time-course of exocytosis in cAMP/ATP dialysed cells containing 1  $\mu$ M Ca. Maximal slope (d $C_{\rm m}/{\rm d}t$ , pF/100s) values were obtained by drawing a tangent (by hand) at the point showing the steepest rise in the  $C_{\rm m}$  trace and were normalized with  $C_{\rm m.rest}$  of individual cells.

granule membrane-associated proteins by cAMP has been reported in anterior pituitary cells [30], and very recently the regulatory subunit of cAMP-dependent protein kinase has been identified in secretory granules using a monoclonal antibody to the regulatory subunit combined with immunogold labelling [31].

Studies on adrenal chromaffin cells have shown that proteins such as calpactin or p36 [32] and chromaffin granule binding protein [33] are essential for exocytosis. The fusion proteins could play a regulatory role in phosphorylation-dependent secretion. Such a process could underlie our findings and is consistent with the greater increase in  $C_{\rm m}$  in cells dialyzed with cAMP/ATP.

Acknowledgements: S.K.S. was supported by Kabi Vitrum AB, Sweden; and R.Z. by the Wellcome Trust and the Nuffield Foundation. We wish to thank Miss H. Flick-Smith and Miss A.L.V. Tibbs for cell culture, and R. Bunting for illustrations.

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